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Personal data :

Date of birth : 29th of January, 1985

Marital status : Single

Nationality : Egyptian

Religion : Muslim

Education :

- (D.O), 5 years “International Academy of Osteopathy (IAO) ; (2018).
- Bachelor of physiotherapy – Cairo University
- Graduation year: 2006
- Master’s degree (2014) “Effect of Osteopathic Techniques on Chronic Constipation”
- Ph.D. (2021) “Effect of Visceral Osteopathic Manipulations on Low Back Pain”

Work experience :

- Currently working as, a Lecturer of osteopathic medicine, faculty of physical therapy, Egyptian Chinses University (ECU), February 2021 till now.
- Worked at 6th October Hospital –Dokky .
- Worked for one year at dar El-Mona .
- Worked for 9 months at ARRC .
- Worked for a single year at Dr. Adly Sabbour Ph.D –Faculty of Physical Therapy – Cairo University.
- Worked for Dr. Moustafa Sallam, Ph.D in Physical Therapy of orthopedic and sport injuries.

- Worked for Egyptian specialized Center with Dr. Fatma Hegazy.
- Trained at Dr. Osama Rashed, Ph.D of Physical Therapy of Neurology.
- Trained at Dr. Enas Fawzy, Ph.D of Physical Therapy of Orthopedic.

Courses and workshops attended:

- Global osteopathic Approach.
- Cranial / cranio-sacral manipulations.
- Visceral manipulations of osteopathy
- General osteopathic treatment
- Fascia and myofascial release of osteopathy.
- Osteopathic consideration in field of sports surgeries.
- Orthopedic manual physical therapy of the lumber spine aurtioized from American manual therapy academic.
- Basic orthopedic manual physical therapy.
- Different manual therapy approaches in treatment of lumber spine dysfunctions.
- Evidence based manual therapy techniques for cervical spine pathomechanics.
- Back management techniques.
- Radiological-imaging of muscular skeletal system.
- Emergency 1st Aid.

