

Fayrouz Moustafa Seif ELDin

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Personal Data :

Date of Birth : 12/5/1986

Gender : Female

Nationality : Egyptian

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Objectives :

- Obtain an entry- level position in physical therapy field .
- Seizing the opportunities to learn and progress .
- Improving my scientific and practical experience and be ready to work in a technical and professional environment .
- Working with team work.

Educational Background:

- PhD in Physical Therapy- Department of Musculoskeletal Disorders and its Surgeries - Faculty of Physical Therapy- Cairo University 2021.
- Professional Diploma in Weight Management and Sports Nutrition - National Nutrition Institute - Cairo University 2019.

- M.Sc. in Physical Therapy- Department of Musculoskeletal Disorders and its Surgeries - Faculty of Physical Therapy- Cairo University 2016.
- B.Sc. in Physical Therapy- Faculty of Physical Therapy- Cairo University 2009.
- Graduated from Sacred Heart Girls' School (S.H.S) 2004.

Publications:

- Effect of Craniosacral Therapy on Chronic Mechanical Neck Pain- Medical Journal of Cairo University- June 2016.
- Effect of Myofascial Release in Management of Plantar Fasciitis - Turkish Journal of Physiotherapy and Rehabilitation- September 2021.

Scientific Experiences:

- Training in Cairo University Hospitals (Kasr El-Aini) as a house officer 2009.
- Training in Alexandria International Hospital summer 2007.
- Worked at Prof. Dr. Alaa Balbaa Clinic from 2007 to 2009.
- Demonstrator and Lecturer Assistant - Faculty of Physical Therapy- Pharos University since 2010 till 2019.
- Worked at For You Clinics as clinical Nutritionist 2020.

Computer Skills

- Microsoft Office

Languages:

- Arabic : Mother tongue
- English : Fluent spoken and written

Personal Skills:

- Ability to work in team work or individually .
- Ability to work under stress, hard worker .
- Self-motivated, creative and enthusiastic .
- Smart with positive attitude and communication skills .

Hobbies and Interests:

- Photographing
- Reading