

Name: Noha Soliman Abdelhafeez Elserty.

Personal Information:

Personal Data

Date of Birth : 15/ August/1980.

Place of Birth : Cairo, Egypt.

Marital Status : Single

Nationality : Egyptian.

Education:

Year	Degree	Department, Faculty, and University	Grade
2002	Bachelor's Degree in physical therapy	B.Sc. in Physical Therapy, Faculty of Physical Therapy, Cairo University, Egypt.	Very good
2009	Master's degree in physical therapy	M.Sc. degree in Basic science of Physical Therapy, Faculty of Physical Therapy, Cairo University, Egypt. Thesis title: Effect of laser acupuncture versus local laser in treatment of shoulder impingement syndrome	Good
2014	Doctoral degree in Physical Therapy	PhD degree in Basic science of Physical Therapy, Faculty of Physical Therapy, Cairo University, Egypt. Thesis title: Effect of fixed versus adjusted TENS amplitude in treatment of chronic mechanical low back pain	Very Good
2016	Professional Diploma of Quality assurance and accreditation systems in educational institutions	Ain Shams University	Very good

Licensure:

1. Egyptian professional license: consultant Physical Therapist.

Work Experiences:

From	To	Job description
2021	Till now	Lecturer in Basic science department- faculty of physical therapy- Benha University
2016	February 2021	Fellow at Elshahel teaching hospital- GOTHI
2017	February 2021	Lecturer in Basic science department- faculty of physical therapy- Egyptian Chinese University (internally assigned)
2021	Till now	Teaching and supervising on practical section of Test and measurement I Teaching and supervising on practical section of Test and measurement II
2021	2021	Teaching Human rights
2019	2020	Teaching and supervising on practical section of Therapeutic exercise I Teaching and supervising on practical section of Therapeutic exercise II
2018	2022	Teaching and supervising on practical section of Biomechanics I Teaching and supervising on practical section of Biomechanics II
2018	2019	Teaching and supervising on practical section of Manual therapy
2018	2019	Teaching and supervising on practical section of Electrotherapy II
2021	Till now	Internal examiner for the following courses: Test and measurement I &II, Biomechanics I &II, Electrotherapy I &II, Hydrotherapy, Therapeutic exercise I and Manual therapy
2017	2020	Internal examiner for the following courses: Biomechanics I &II, Electrotherapy I &II, Therapeutic exercise I & II and Manual therapy
2021	Till now	Coordinator of Test and measurement I Coordinator of Test and measurement II Coordinator of Biochemistry II Coordinator of Anatomy II

2017	2020	Coordinator of Biomechanics I &II
2017	Till now	External examiner at faculty of physical therapy in Misr University for science and technology Beni Suef university Modern University of Technology and Information Delta University
2021	Till now	Preparing course specifications for Test and measurement I &II
2018	2020	Preparing course specifications for Biomechanics I &II
2019	2020	Preparing course specifications for Therapeutic exercises I & II
2018	2019	Preparing course specifications for Manual therapy, Electrotherapy II
2021	Till now	Member in the quality assurance unit – Faculty of physical therapy- Benha Univesity
2017	2020	Manager of Quality assurance unit- Faculty of physical therapy- Egyptian Chinese University
2018	2020	Applying workshop under title “Course specification “- Faculty of physical therapy- Egyptian Chinese University
2018	2020	Applying workshop under title “Academic advising “- Faculty of physical therapy- Egyptian Chinese University
2021	2022	Member at faculty of physical therapy council - Faculty of physical therapy- Benha Univesity
2021	Till now	Head of scientific clearing committee - Faculty of physical therapy- Benha Univesity
2017	2020	Member at faculty of physical therapy council - Faculty of physical therapy- Egyptian Chinese University
2021	2021	Head of control of level I- Faculty of physical therapy- Benha University
2021	Till now	Head of control of Faculty of physical therapy- Benha University

2021	Till now	Coordinator and responsible of electronic exam- Faculty of physical therapy- Benha University
2018	2019	Head of control of level I- Faculty of physical therapy- Egyptian Chinese University
2019	2020	Head of control of level II- Faculty of physical therapy- Egyptian Chinese University

Professional Affiliations:

From	To	Job	Job description
2004	2016	Physical Therapist	El Sahel Teaching hospital- GOTHI
2016	2021	Fellow	El Sahel Teaching hospital- GOTHI
2017	2021	Lecturer (internally assigned)	Faculty of physical therapy- Egyptian Chinese University
2021	Till now	Lecturer	Faculty of physical therapy- Benha University

Courses & Teaching Skills:

Title	Year
Training "Research connect" British council	2021
Workshop "program accreditation" NAQAA	2019
Workshop "program and courses specifications for faculties and higher education institutes" NAQAA	2019
Workshop "Orthopaedic manual therapy for lumbar spine" Prime physio	2019
Workshop "Introduction to differential diagnosis for physical therapist" El Sahel Teaching hospital- GOTHI	2019
Training program "self- evaluation for faculties and higher education institutes" NAQAA	2018
Training program "strategic planning for faculties and higher education institutes" NAQAA	2019
Workshop "Neural manipulation theoretical and practical demonstration" El Sahel Teaching hospital- GOTHI	2018
Workshop "Clinical application of manipulation therapy" El Sahel Teaching hospital- GOTHI	2017

Conferences	
Title	Year
Attending the 1 st scientific forum at Faculty of physical therapy- Benha University under title “Role of physiotherapy in management of Covid 19”	2021
Participating in organization of “International conference of traditional Chinese medicine and functional medicine” Faculty of physical therapy- Egyptian Chinese University	2019
Participating in organization of “The Second international scientific conference about performance and sports nutrition” Faculty of physical therapy- Egyptian Chinese University	2018
Attending the 20 th conference of faculty of physical therapy- Cairo University	2019
Attending the scientific day of El Sahel Teaching hospital- GOTHI under title “Obesity from diet to surgery”	2019
Attending the 1 st conference of faculty of physical therapy- Delta University under title “Healthy life- safe environment”	2019
Attending the scientific day of El Sahel Teaching hospital- GOTHI under title “Diabetic foot from surgical and physiotherapy point of view”	2019
Attending the 1 st conference of Arab association for manual therapy under title “Recent updating physical therapy (prevention and cure)”	2018
Attending the 19 th conference of faculty of physical therapy- Cairo University	2018
Attending the scientific day of El Sahel Teaching hospital- GOTHI under title “Anatomical and biomechanical consideration in foot and ankle rehabilitation”	2018
Attending the scientific day of El Sahel Teaching hospital- GOTHI under title “shoulder rehabilitation”	2017
Attending SCITA research program	2017
Attending the 1 st conference of Deraya University under title “Updating weight control”	2017
Attending the 18 th conference of faculty of physical therapy- Cairo University	2017
Attending the scientific day of El Sahel Teaching hospital- GOTHI under title “cardiac rehabilitation”	2017

The Faculty and Leadership Development Center (FLDC) Courses:

Title	Year
Workshop of Question banks and electronic exams	8 th and 9 th February 2021
Workshop of Self-evaluation and external evaluation	10 th to 12 th February 2021
Workshop of Management of electronic web sites	10 th to 12 th February 2021
Workshop of Using technology in teaching	15 th to 16 th February 2021
Workshop of Statistical analysis in scientific research	15 th to 16 th February 2021
Digital transformation (7 modules)	7 th and 8 th March 2022

Publications:

Peer-reviewed Research: International (10)

No	Title	Year	Journal	Country
1	Effect of Fixed Versus Adjusted Transcutaneous Electrical Nerve Stimulation Amplitude on Chronic Mechanical Low Back Pain	2016	The journal of alternative and complementary medicine	USA
2	Effect of shoulder kinesiotopeing versus low level laser in treatment of shoulder impingement syndrome	2017	Palliative Medicine & Care: Open Access	USA
3	Smartphone addiction and its relation to musculoskeletal pain in Egyptian physical therapy students	2018	European journal of physiotherapy	UK
4	Effect Of Dry Cupping Therapy With Neurodynamic Mobilization On Pain Intensity, Muscle Strength And Functional Abilities In Patients With Cubital Tunnel Syndrome: A Randomized Clinical Trial	2021	Turkish Journal of Physiotherapy and Rehabilitation	Turkish
5	Influence of Instrument Assisted Soft Tissue Techniques Versus Active Soft Tissue Therapies on Latent Trigger Point of Upper Trapezius Muscle: Randomized Clinical Study	2021	Turkish Journal of Physiotherapy and Rehabilitation	Turkish
6	Influence of pulsed magnetic field therapy on hand function post flexor tendon repair: a randomized controlled trial	2021	Achieves of Medical Science	Poland
7	Effect of High Power Laser Therapy	2022	Journal of	India

	on Patients with Chronic Discogenic Sciatica: A Randomized Clinical Trial.		Pharmaceutical Research International.	
8	Efficacy of Muscle Energy Technique on Forward Head Posture and Cervical Mobility in Visually Impaired Children: A Randomized Controlled Trial	2022	Current pediatric research	UK
9	Efficacy of high-power laser therapy combined with exercise on wrist pain, function, and joint position sense in Girls' gymnasts with non-specific chronic wrist pain	2022	Sport TK Revista Euroamericana de Ciencias del Deporte	Spain
10	Carry over effect of different cervical mobilization techniques on shoulder muscle strength in rotator cuff tendinitis patients: A randomized control trial	2022	Fizjoterapia Polska (Polish Journal of Physiotherapy).	Poland

Peer-reviewed Research: Local (2)

No	Title	Year	Journal	Country
1	Balance training: its influence on pulmonary rehabilitation	2018	Bulletin of Faculty of Physical Therapy	Egypt
2	Influence of shoulder stabilization exercises on hand grip strength in children with Down syndrome: randomized clinical trial	2020	Bulletin of Faculty of Physical Therapy	Egypt

Student Activities:

- ❖ Participation in the reception of new students for the academic year 2021-2022 Faculty of physical therapy- Benha University
- ❖ Participation in the reception of new students for the academic year 2018- 2019 & 2019-2020 Faculty of physical therapy- Egyptian Chinese University
- ❖ Participation in the activities of the student conference of the college (2018-2019 & 2019-2020)

Social activities

- Participation in international day of Down syndrome, Faculty of physical therapy- Benha University, 2022
- ❖ Participation in students visit to 57357 hospital Faculty of physical therapy- Egyptian Chinese University 2019

Language Skills: **Arabic:** A native language skills.

English: Proficient; speaking, reading, writing and listening skills.

Computer Skills: A very good knowledge and proficient of Microsoft applications: Word, Excel, PowerPoint, And Publisher