

C.V

Personal Data:

- Name **Waleed Elsayed Hussein Ahmed Arafat**
- Date of birth :16/1/1978.
- Marital status : Married.
- Nationality : Egyptian.
- Address : Zagazig, Sharkia, (Egypt)
- Phone : 01004733262
- E-mail : drwalidarafat2002@gmail.com



*Qualifications:

A -Primary qualification:

- B.Sc (2002)** in Physical Therapy, Cairo University (69.75%) (good).

B -Higher Qualifications:

- **M.Sc (2015)** in physical therapy for for Cardiovascular /Respiratory Disorder & Geriatrics.
- Cairo university, under the title of (Resistive exercises versus aerobic exercises on anti oxidant enzymes in adult obese subjects) (good).
- **PH.D (2021)**, in physical therapy for Cardiovascular /Respiratory Disorder & Geriatrics.

Cairo university, under the title of (Effect of aerobic versus interval resistive exercises on coagulation in type 2 diabetic patients) (good).

*Previous Posts:

- Previous working at alahrar teaching hospital at physical therapy Department (Sharkia, Egypt) since 2004 until 2021.

*Current Position:

- Consultant of ,physical therapy department, Al- Ahrar teaching hospital, Cairo.
- Leccturer of physiotherapy on Egyptian Chinese University.

*Academic courses:

- A training program under the title of (**Credit hour system**) (15 hour) IN INFECTION PREVENTION
- A training program under the title of (**Quality in teaching process**) (15 hours)
- ICDL CERTIFICATE successfully passed all modules in 22/3/2012 endorsed by ministry of communications and information technology /Egypt.
- TOEFL CERTIFCATE from cairo university center for foreign languages.-
- FDTC CERTIFICATE ‘Fundamentals of Digital Transformation Certificate from cairo university’.

Conferences and courses attended

Attendance of many conferences in physical therapy.

-(GOTHI) CONFERENCE DIABETIS MELLITUS
COMPLICATIONS WHEEL 24th -25th2021

- EL SAHEL TEACHING HOSPITAL under title of
ANATOMICAL AND BIOMEDICAL CONSIDERATION IN
FOOT AND ANKLE.

.Attended a course in mechanical considerations in management of
musculoskeletal disorders in faculty of physicaltherapy cairo
university in 1st-3rd March 2014.

.Attended aconference 'Role of Physical TherapyIn Obesity' held
in Benha children Hospital Egypt in 24/5 to 14/6/2013.

. Attended a conference in Activities of NIDE Annual Scientific
Conference As of The Registered Delegates.

Areas of clinical experiences

- * Back problems management
- * Musculoskeletal disorders management.
- * Various elements of manual therapy (mobilization, manipulation,
functional training...).
- * Hemiplegic rehabilitation.
- * Radiology in physiotherapy.

* Physical therapy for inpatients departments (ICUs, cardiac surgeries departments and neurology departments).

Areas of current special interest and reading:

* Mulligan techniques.

Neurological rehabilitation. *

* Radiology in physiotherapy.

* Curricula for physiotherapy students.

*Evidence based physiotherapy.

References

*** Supervisors in M.SC:**

Prof.DR/AZIZ GURGUIS AZIZ*Dr. Aziz Guirguis Aziz*

Professor of Physical Therapy for Cardiovascular /Respiratory

Disorder & Geriatrics.

Faculty of Physical Therapy

Cairo University

Prof .Dr.MAMOUD ABDU ASHOUR

professor of internal medicine, faculty of medicine, zagazig university.

Committee discussion and governance:

Prof Dr. Awny Rahmy Professor of Physical Therapy for
Cardiovascular /Respiratory

Disorder & Geriatrics.

Faculty of Physical Therapy

Cairo University

Prof Dr. Mahmoud Abdou Ashour

Professor of internal medicine, faculty of medicine, Zagazig
University.

*** Supervisors in PH.D:**

Prof Dr. Nagwa Mohamed Badr Professor of Physical
Therapy for Cardiovascular /Respiratory

Disorder & Geriatrics.

Faculty of Physical Therapy

Cairo University

Dr. Emad Ibrahim Taaha Lecturer of Physical Therapy for
Cardiovascular /Respiratory

Disorder & Geriatrics.

Faculty of Physical Therapy

Cairo University

Prof Dr.MAHMOUD ABDU ASHOUR

Professor of internal medicine, faculty of medicine, zagazig University.

*** Committee discussion and governance:**

Prof Dr. NAGWA MOHAMED BADR

Professor of Physical Therapy for Cardiovascular /Respiratory Disorder & Geriatrics.

Faculty of Physical Therapy

Cairo University

Prof Dr.HALA EZZ ELDIN Professor of Physical Therapy for Cardiovascular /Respiratory

Disorder & Geriatrics.

Faculty of Physical Therapy

Cairo University

Prof Dr. FATMA ABD ELKADER. Professor of internal medicine, faculty of medicine, A AZHAR University.