

#### CONTACT



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## Yasmin Safwat Hussein El-khateeb

# **OBJECTIVE**

My goal is to become associated with a multinational organization to participate a member in a dynamic work environment focused on promoting the medical field by providing a superior value and service where I can utilize my academic background, skills and gain further experience while enhancing the organization's productivity and

## **EDUCATION**

- **2005-2009:** Bachelor of physical therapy -cairo university (V.Good).
- **2012-2015**: Master degree in physical therapy- cairo university (V.Good).
- 2015-2019: Doctoral degree in physical therapy -cairo university (V.Good)

### WORK EXPERIENCE

### Current:

- (2020-till now):Lecturer of Basic sciences-Faculty of physical therapy –Egyptian Chinese University
- (2011-2020): Physiotherapist in Elshiek Zayed Al-nahyan Hospital.
- (2016-2020): Physiotherapist in Al-salam international Hospital.
- (2010-2019): Physiotherapist in specialized medical center ministry of interior.

## Courses and certificates

- **2007:** 1st aid course.
- **2009:** manual orthopedic physical therapy course (Dr.Mohamed Abo-Bakr)
- **2010**: Radio-sonography course-Kasr Alini (Dr.Mamdouh Mahfouz).
- 2012: Radiology course. Dr.Mamdouh Mahfouz).
- **2015**: EMG and Nerve conduction study (physiotherapy syndicate).
- 2015: Master degree certificate.
- **2015:** Lumber spine course. Alfa care.
- **2015**: Sport injuries course. Alfa care.
- 2016: Lumber spine course. Alfa care
- **2018**: Bio-mechanical and electro-physiological directed spine physical therapy. (El-Razy)
- **2019:** Doctoral degree certificate.
  - **2020**: Exam systems and student calendar (Egyptian Chinese university).
  - **2020**: Communication skills and distance learning (Egyptian Chinese university).
- **2020**: Course on the description of decisions and curricula (Egyptian Chinese university).

## **Academic Experience**

- Member in quality assurance committee.
- Engaging in continuous learning and skill development.
- Engaging in many workshops & activities regarding skill development

## **Teaching the following courses:**

- Professional Behavior (Ethics)
- Manual therapy

# **Skills**

- ❖ Ambitious, high performance & self-motivated.
- The ability to work under pressure.
- Flexible, have excellent communication skills.
- Excellent leadership and decision making capability.

# Language

- Arabic (Mother tongue)
- English (Fluent English communication skills, Written & oral)

# Publication

### • Indian journal of public health and Development (IJPRS):

"Influence of Scapular Stabilization Exercises on Asymptomatic Forward Head Posture; Randomized Controlled Trial "(2019).

- European Journal of Physical and Rehabilitation Medicine: (In Progress publication)
- "Influence of adding strain-counterstrain to standard therapy on axioscapular muscles amplitude and fatigue in mechanical neck pain; a single-blind, Randomized trial".
- "Influence of scapular stabilization exercises on asymptomatic forward head posture, a randomized controllred trial".